

2009 Indiana AHPERD Regional Workshops



October 2

Purdue University
West Lafayette

October 16

Indiana Wesleyan University
Marion

October 20

Vincennes University
Vincennes

October 30

IUPUI
Indianapolis

Workshop at a Glance*

Timetable applies to any workshop

8:30am	Onsite Registration Opens
9:30am	Welcome & IAHPERD Updates
10:30am	Concurrent Breakout Sessions
11:30am	Concurrent Breakout Sessions
12: 15pm	Lunch
1:15pm	Concurrent Breakout Sessions
2:15pm	Concurrent Breakout Sessions

*times listed are based EST; please plan accordingly when travelling to the workshop

Pre-Registration Deadline

Friday, September 25

(must be received by this date)

Mail-in registration only. Form in back.

If a minimum of registrations are not received by this date, each workshop location is subject to cancellation.

Registrants will receive an email reminder with important details of each location approximately one week prior to each of the locations which they have registered.

What's Inside?

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Continuing Education Credits

You can earn CEUs by attending any of the IAHPERD Regional Workshops. Credit hours are available through Indiana State University and IUPUI.

Forms and information are available for each location.

To receive more information, please contact:

Joyce at joyce@paragonme.net
for general information

Molly at mhare@indstate.edu
for credit through Indiana State University

Mark Urtel at murtel1@iupui.edu
for credit through IUPUI

QUESTIONS?

Membership/Registration

Karen Hatch
765-664-8319
IndianaAHPERD@aol.com

Workshop Coordinator

Joyce Lucke
812-390-6912
joyce@paragonme.net

What does your early registration pay for?

- ~all workshop materials
- ~Lunch
- ~access to concurrent breakout sessions

There will be onsite registration from 8:30am to 9:15am.
NOTE: lunch will not be provided to those who register onsite.

ATTENTION: While at a workshop, if you need special accommodations or assistance, please contact Joyce Lucke at 812-390-6912 or joyce@paragonme.net.

Friday, October 2

Purdue University Lambert Field

10:30 AM Breakout Sessions**Put on Your Dancing Shoes (DANCE)**

Diana Jones, Anderson University with Anderson University PETE Students

Backyard Games: Badminton, Baggio and Boccie (RECREATION)

Leslie Powell, Saint Christopher School with Jason Meier, Skatetime Schools Programs

Bringing Technology into the Classroom (TECHNOLOGY)

Diane Hearn, Seeger Memorial Jr/Sr High School

Preventing Teen Suicide: What schools and you can do (HEALTH)

Colleen Carpenter, Indiana Suicide Prevention Coalition, IP Fort Wayne

11:30 AM Breakout Sessions**Don't Stop the Music (DANCE)**

Gary Sanders, Saint Joseph's College

SHARBADE: Using Gym Scooters to Develop the Upper Body and Have Fun (MIDDLE PE)

Tomas Mulry, Mulry Industries

PE Waivers: Are You Ready? (SECONDARY PE)

Becky Kennedy, Indiana School Health Network with Patricia Watko

From Sexting to Sensibility: Teaching Teens about Responsible Relationships using the Whole Person Health Model (HEALTH)

Wilma Willard, A Positive Approach to Teen Health, Inc

12:15 PM Lunch*

Lunch pickup at Registration Desk ~ find a spot to enjoy lunch and the campus

1:15 PM Breakout Sessions**Line Dancing 101 (DANCE)**

Rachel Swinford, IUPUI

Fishing: A Lifetime Activity (SPORT)

Clinton Kowalik, Go FishIN, Indiana Department of Natural Resources

Project-Based Learning Ideas, Resources and Freebies for the Health Classroom (HEALTH)

Kelley Bailey, Purdue University with Katherine Nalley-Schemora, Roncalli High School

2:15 PM Breakout Sessions**Can Fitness = Fun? Absolutely! (FITNESS)**

Sally Hope, Purdue University with Carole DeHaven, Purdue University

Schools Tennis on Your Gym Floor (SPORT)

Greg Boyd, US Tennis Association-Midwest District

Implementing a Kayaking Program in an Urban Environment (MIDDLE PE)

K. Andrew Richards, Purdue University

Learning Readiness PE: The Physical Education/Classroom Connection (Secondary PE)

Sandy Frasch, MSD of Warren County with Lori Grimmett

*lunch provided to those who register by September 25; information on locations to eat on campus will be available for those who register onsite

Goodie Bag Contributors

Thank you to these vendors who provided items for our attendee bags. Each wishes you well in 2009 and looks forward to seeing you again at the 2010 state conference.

American Heart Association

Indiana Bowling Centers Association

Indiana Department of Education, HPE Programs

Northeast Region
Friday, October 16

Indiana Wesleyan University Recreation & Wellness Center

10:30 AM Breakout Sessions

Kindergarten PE: Moving, Thinking, Learning (ELEMENTARY PE)

Cathy Caldwell, Shamrock Springs Elementary School

Introduction to Track Cycling at the Major Taylor Velodrome for Your Students (RECREATION)

Ken Nowakowski, Major Taylor Velodrome

Line Dancing 101 (DANCE)

Rachel Swinford, IUPUI

Preliminary Findings from the KidFit Pilot Study (HIGHER EDUCATION/RESEARCH)

Matthew Ruiz, Huntington College with Nicholas Johnson

11:30 AM Breakout Sessions

Make Your Team Work: How Effective Leaders can Transform Groups into Teams (SPORT)

Ryan Hedstrom, Manchester College

Jump Rope for Heart Demonstrator (JRHH)

Susan Merriman, Churubusco Elementary School

The Fab Five (SECONDARY PE)

Deborah Riga, Columbus North High School

12:15 PM Lunch*

Lunch pickup at Registration Desk ~ find a spot to enjoy lunch and the campus

1:15 PM Breakout Sessions

PE Waivers: Are You Ready? (SECONDARY PE)

Becky Kennedy, Indiana School Health Network

Fishing: A Lifetime Activity (SPORT)

Clinton Kowalik, Go FishIN, Indiana Department of Natural Resources

Disguising Fitness (MIDDLE PE)

Karen Hatch, Indiana Wesleyan University

It's Hip to be Square (DANCE)

Connie Walters, Perry Meridian High School

2:15 PM Breakout Sessions

Preventing Teen Suicide: What schools and you can do (HEALTH)

Colleen Carpenter, Indiana Suicide Prevention Coalition, IP Fort Wayne

Backyard Games: Badminton, Baggo and Boccie (RECREATION)

Leslie Powell, Saint Christopher School with Jason Meier, Skatetime Schools Programs

SHARBADE: Using Gym Scooters to Develop the Upper Body and Have Fun (MIDDLE PE)

Tomas Mulry, Mulry Industries

Bowlers Education: In-School Bowling (SPORT)

Cathy Sumner, Indiana Bowling Centers Association

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Indiana State Health Department, Asthma Program

Learning Zonexpress

Rocky Mountain Pedometers

Southwest Region
Tuesday, October 20

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Vincennes University Bell Student Recreation Center

10:30 AM Breakout Sessions

PE Waivers: Are You Ready? (SECONDARY PE)

Becky Kennedy, Indiana School Health Network with Tod Held

SHARBADE: Using Gym Scooters to Develop the Upper Body and Have Fun (MIDDLE PE)

Tomas Mulry, Mulry Industries

Aerobic Dance for PE Teachers (DANCE)

Teresa McCullough, Indiana State University

“How” to Conduct a Jump Rope for Heart Event: Tips for New and Veteran Coordinators (JRHH)

Dale Berry, Floyds Knobs Elementary School

11:30 AM Breakout Sessions

Fishing: A Lifetime Activity (SPORT)

Clinton Kowalik, Go FishIN, Indiana Department of Natural Resources

Introduction to Track Cycling at the Major Taylor Velodrome for Your Students (RECREATION)

Ken Nowakowski, Major Taylor Velodrome

Incorporating Nutrition Education into Schools (HEALTH)

Janet Rennels, University of Southern Indiana with Julie McCullough

Authentic Lead-Up Activities that Satisfy National Standards: Skill Development, Inclusion and Continuous Physical Activity (MIDDLE PE)

Jane Davis-Brezette, University of Southern Indiana with Patty Marcum and Danielle Ward

12:15 PM Lunch*

Lunch pickup at Registration Desk ~ find a spot to enjoy lunch and the campus

1:15 PM Breakout Sessions

Backyard Games: Badminton, Baggo and Boccie (RECREATION)

Leslie Powell, Saint Christopher School with Jason Meier, Skatetime School Programs

Dances from Down Under (DANCE)

Cate Walsh, Indiana State University

Activities Can Educate Students (ACES) (FITNESS)

Amanda Sullivan, University of Evansville with University of Evansville PE Students

Sex Education Information and Strategies (HEALTH)

Stephanie Bennett, University of Southern Indiana with Renee Frimming, University of Southern Indiana

2:15 PM Breakout Sessions

Bowlers Education: In-School Bowling (SPORT)

Cathy Sumner, Indiana Bowling Centers Association

Assessment! It is More than Just Rubrics (HIGHER EDUCATION/RESEARCH)

Susan Hagood, Indiana State University

Dances that Middle School Students Tolerate—Even Enjoy! (MIDDLE PE)

Jane Davis-Brezette, University of Southern Indiana with Patty Marcum

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SHARBADE

Skates on Wheels

Socci Sport, LLC

Central Region
Friday, October 30
IUPUI Physical Education Building

10:30 AM Breakout Sessions

Kindergarten PE: Moving, Thinking, Learning (ELEMENTARY PE)

Cathy Caldwell, Shamrock Springs Elementary School

Fishing: A Lifetime Activity (SPORT)

Clinton Kowalik, Go FishIN, Indiana Department of Natural Resources

Backyard Games: Badminton, Baggo and Boccie (RECREATION)

Leslie Powell, Saint Christopher School with Jason Meier, Skatetime School Programs

Project-Based Learning in Health Class (HEALTH)

Katherine Nalley-Schembra, Roncalli High School

11:30 AM Breakout Sessions

PE Waivers: Are You Ready? (SECONDARY PE)

Lisa Miniear, Franklin Central High School with Becky Kennedy, Indiana School Health Network

Preventing Teen Suicide: What schools and you can do (HEALTH)

Colleen Carpenter, Indiana Suicide Prevention Coalition, IP Fort Wayne

SHARBADE: Using Gym Scooters to Develop the Upper Body and Have Fun (MIDDLE PE)

Tomas Mulry, Mulry Industries

Fun and Practical Ways to Engage Health and Physical Education Students (HEALTH)

Heidi Hancher-Rauch, University of Indianapolis with Lisa Hicks, University of Indianapolis

Schools Tennis on Your Gym Floor (SPORT)

Greg Boyd, US Tennis Association-Midwest District with Jeff Giles and Brandon Smith

12:15 PM Lunch*

Lunch pickup at Registration Desk ~ find a spot to enjoy lunch and the campus

1:15 PM Breakout Sessions

Bowlers Education: In-School Bowling (SPORT)

Cathy Sumner, Indiana Bowling Centers Association

Instant Activities, Quick Starters, Warm-Up Activities for K-12 Physical Education (HEALTH)

Lisa Hicks, University of Indianapolis with Chris Modglin and University of Indianapolis PE Students

2:15 PM Breakout Sessions

Introduction to Track Cycling at the Major Taylor Velodrome for Your Students (RECREATION)

Ken Nowakowski, Major Taylor Velodrome

Agility is the Spice of Life (SECONDARY PE)

Deborah Riga, Columbus North High School

These are a Few of My Favorite Things: Favorite Quick Hit Activities, Intro Activities and Games (ELEMENTARY PE)

Roberta Sipe, Rosa Parks-Edison Elementary School

Jazzing Up Your Curriculum with Health Websites, Resources, and Freebies (HEALTH)

Marcy Royalty, Ben Davis High School

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Toledo Physical Education Supply

US Tennis Association

IAHPERD 2009 Regional Workshops Registration and Membership Form



Pre-Registration Deadline: Postmarked by September 25

Membership is	<input type="checkbox"/> new in 2009 <input type="checkbox"/> renewal in 2009				
Membership Type	<input type="checkbox"/> professional <input type="checkbox"/> student				
I am a	<input type="checkbox"/> AAHPERD member <input type="checkbox"/> Jump Rope for Heart Coordinator <input type="checkbox"/> Hoops for Heart Coordinator				
PRINT First Name MI Last name Home Phone Work Phone					
Preferred Mailing Address City State Zip County					
Home Email Address School Email Address (if different)					
School/Company Name School Corporation					
Employment Level	<input type="checkbox"/> Elementary School <input type="checkbox"/> Junior High/Middle School <input type="checkbox"/> High School <input type="checkbox"/> College/University <input type="checkbox"/> Community Fitness <input type="checkbox"/> Public Health <input type="checkbox"/> Recreation/Parks <input type="checkbox"/> Business <input type="checkbox"/> Student <input type="checkbox"/> Other _____				
Primary Interests (select up to three)	<input type="checkbox"/> Health <input type="checkbox"/> Physical Education <input type="checkbox"/> Recreation <input type="checkbox"/> Dance <input type="checkbox"/> Adapted Physical Education <input type="checkbox"/> Athletic Training <input type="checkbox"/> Coaching <input type="checkbox"/> Administration <input type="checkbox"/> Professional Development <input type="checkbox"/> Other _____				
Leadership Interest	<input type="checkbox"/> Advocacy <input type="checkbox"/> Committee Member <input type="checkbox"/> Conference Member <input type="checkbox"/> Grants <input type="checkbox"/> Jump Rope for Heart Coordinator <input type="checkbox"/> Hoops for Heart Coordinator <input type="checkbox"/> Program Council Member <input type="checkbox"/> Regional Council Member <input type="checkbox"/> Student Leadership <input type="checkbox"/> Retiree				

Workshop Package	Professional Member	Professional Non-Member	Student Member	Student Non-Member	Amount
JOIN IAHPERD TODAY -Membership for 2009	\$40	n/a	\$20	n/a	
I will join as a Lifetime Member	\$400	n/a	n/a	n/a	
1-Day Workshop (includes lunch; registrations postmarked after September 25 will not receive lunch)	\$20	\$70	\$10	\$40	
Retired Professional	No Charge	n/a	n/a	n/a	
REGISTRATION MUST BE POSTMARKED BY SEPTEMBER 25				TOTAL	

I plan to attend to following workshop(s)	North West Oct 2 Purdue University	North East Oct 16 Indiana Wesleyan	South Oct 20 Vincennes University	Central Oct 30 IUPUI
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Complete and mail form with fees to: IAHPERD ATTN: Karen Hatch 2007 Wilno Drive Marion, IN 46952.
Make check payable to IAHPERD. Note: we do NOT accept school purchase orders.

DEADLINE FOR PRE-REGISTRATION IS **SEPTEMBER 25**. REGISTRATIONS MUST BE POSTMARKED BY THIS DATE.
One person per form. Please make copies if necessary. Registration Questions? Call Karen Hatch at 765-664-8319.